

## **Do you have some time to spare to support local older people?**

**Age UK Wiltshire** is the counties leading organisation for older people, working in communities stretching from Salisbury to Swindon & in-between. We offer services to meet their needs, whilst advocating for their rights. We can provide life changing support to older people, with the most vulnerable & disadvantaged our priority but as demand for our services grows we need more people to offer their time to help us continue to provide this support.

Did you know that all our front-line services are delivered by volunteers? These are people of all ages and backgrounds who provide essential and invaluable support to the older people in our communities. Their skills are as wide and varied as the volunteer roles we have to offer.

Are you a 'people person' and enjoy that face to face contact or like helping behind the scenes. Have you recently retired or are working part time? Perhaps you are between jobs or looking for experience in the charity sector. No matter how much or how little time you have available, we will do our best to match your skills and experience with a role that you will find worthwhile.

Our current volunteering roles in your local area are:

**Office based Advice Volunteers** – at our Salisbury office helping our clients with more complex queries and requests for information which can range from looking for a local tradesperson or enquiring about benefits. Travel expenses reimbursed.

**Community based Advice Volunteers** – you would be visiting our clients at home to undertake benefits checks or help them with filling in forms.

**Home from Hospital Volunteers** – SP1, SP2 & SP5 postcodes only, visiting people recently returned home from a spell in hospital to help with routine tasks on a short-term basis.

**Community Support Volunteer Visitors** – visiting socially isolated older people at home with the aim of helping them reconnect with their community and develop new friendships.

We're also looking for **knitters and crocheters** who can help us knit or crochet little woolly hats for The Big Knit 218 campaign.

More information about all our roles can be found on our website [www.ageukwiltshire.org.uk](http://www.ageukwiltshire.org.uk) or by calling our office on 01380 727767 or emailing us at [volunteering@ageukwiltshire.org.uk](mailto:volunteering@ageukwiltshire.org.uk)

Whatever your reason for volunteering, we'd be delighted to hear from you.