

helping you
to help yourself



No appointment
necessary...

Free Blood Pressure Checks on the Mobile Library this Spring...



Health Trainers Chris and Bev will be taking to the road and travelling with the mobile library to bring health checks to you in your locality. They will be available on the 28th Feb, 27th March and the 24th April at the following stops: Sutton Veny;

Heytesbury; Chitterne; Tilshead; Codford; Upton Lovell; Wylde and Hanging Langford.

Just call into the mobile library to have a chat, get your blood pressure checked and find out more about the Health Trainer service, and the support available to help you make some healthy lifestyle changes.

We look forward to meeting you....

Chris and Bev

please check stop times online at www.wiltshire.gov.uk/libraries

Wiltshire Council