

Message from Tilshead Parish Council regarding Novel Coronavirus (COVID- 19)

Public Health England, Wiltshire council and the local NHS colleagues are working closely together to respond with medical support and advice.

The advice is that you should self-isolate at home for seven days if you have a recent onset of:

- A new continuous cough and/or
- High temperature

This will help to protect others in the community while people are infectious. Anyone displaying symptoms should not go to a GP surgery, pharmacy or hospital. However, when self-isolating with mild symptoms people do not need to contact NHS 111 to tell them they are staying at home and Public Health England will not be testing people who are self-isolating with mild symptoms. Based on current evidence, Coronavirus COVID-19 presents with flu-like symptoms including a fever, a cough, or difficulty breathing. The current evidence is that most cases appear to be mild. The best action we can all take is to ensure we continue to have good personal and hand hygiene, which includes:

- Giving your hands a good wash with soap and water is the most effective action you can take (but hand gels can be a good substitute).
- Maintaining personal hygiene when coughing or sneezing is also important – use a tissue rather your hands and then throw it away.
- It is good general practice to use cleaning wipes to give your keyboard, desk, phone etc. the once over on a regular basis.

If people have trips planned, they should follow the Foreign and Commonwealth Office advice.

To stay up to date with the national situation and response and any advice PHE is giving you can visit their website. <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Locally the Parish Council will help where it can. If you are self- isolating and need help with shopping or collection of medication please contact one of your Councillors or the Clerk;

Cllr Debby Potter, Chair, Tidulhide House, High Street, Tilshead, Wiltshire SP3 4SB	01980 620138 or 07483 884066 Deborah-potter@outlook.com
Cllr Robert Leachman Finance Officer Rose House, High Street, Tilshead, Wiltshire, SP3 4RY	01980 620168 or 07884 265525 Robert.Leachman@outlook.com
Cllr Pauline Colin Egg, High Street, Tilshead, Wiltshire SP3 4SB	01980 621279 or 07866 598648 gypsyegg@gmail.com
Clerk Gillian Tatum	07979866387 tilshead.pc.clerk@gmail.com

Our next Parish Council meeting is scheduled on 24th March at 7pm, Village Hall. If you have any questions, things you want to raise but do not want to attend please contact one of the above. If you are feeling unwell please do not attend. Please note if attending there will be gel provided to wipe hands on arrival.